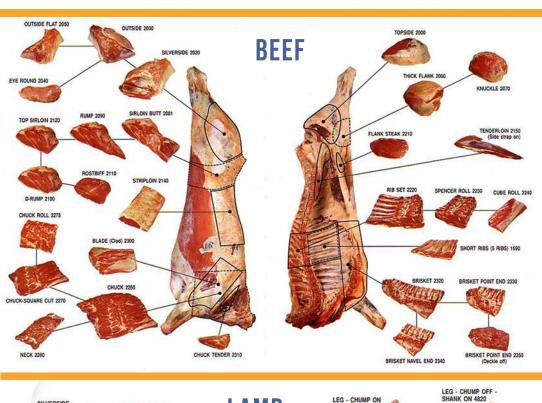


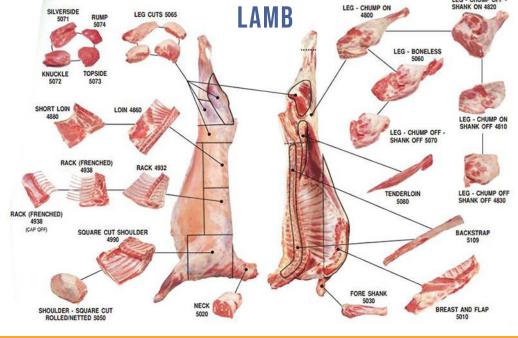
PAPUA NIUGINI FREEZERS

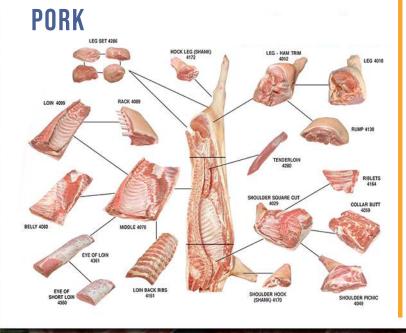
# BUTCHERY PRODUCT GUIDE

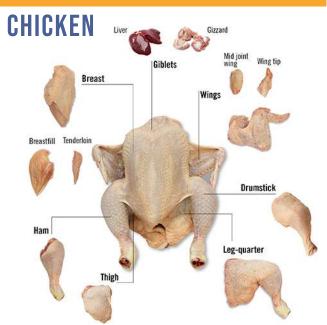


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#### **BNG Branches Nationwide**

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## BUTCHERY PRODUCT GUIDE

	SERVICES ALSO AVAILABLE	Tenderloin	
	Portion Cutting	Striploin	
	Bulk and Individual packaging	Rump	
	Delivery	Cube Roll	TO SEA OF SERVICE
	Storage and documentation	T-Bone	
	Blast Freezing	Blade/Clod	
	Custom blended to your taste specificatio	Chuck	
		Brisket	
	SAUSAGES6	Inside/Topside	
	Pre-Cooked Beef Thick and Thin	Outside/Silverside	
	Pre-Cooked Pork Thick and Thin	Knuckle/Round //	
	Pre-Cooked Chicken	Beef Mince	
	Fresh Beef sausages	Beef Diced	
	Pork Sausages		Carlotte Control
	Chipolata Sausages	LAMB	19
		Lamb Leg Bone In	THE WATER
(	Gourmet Sausages:	Lamb Leg Boneless Roll	
	Herb & Garlic	Lamb Shoulder Boneless	
	Smokey Bacon	Lamb Shoulder Chops	
	rish Pork	Lamb Loin Chops	
	Sweet Chilli	Diged Lamb	The second second
		Lamb Rack	
9	Smoked Cheese Kransky		The state of the s
	Hamburger Patties	PORK &	21
	talian Meatballs	Pork Leg Bone In	
9	Saveloy's item	Pork Leg Boneless Roll	1
		Pork Shoulder Bone In	
	SMALL GOODS10	Pork Shoulder Boneless Roll	
-	Ham on the Bone (full & half)	Pork Shoulder Chops	
	Boneless Double Smoked Ham	Pork Loin Chops	1980 W
4	4 X 4 Sandwich Ham	Pork Ribs	
4	4 X 4 Chicken	Purk Belly	No. 19 Marie
	Pizza Toppings (	Park Mince	
	Bacon	Pow Mince Diceopork	Control of the Contro
(	Garlic, Devon, Luncheon and Chicken Rolls		
	Middle Bacon	POULTRY	. 24
	Shoulder Bacon	Whole €hicken	
	Devon Sliced	Breast Fillets	3/1
	Luncheon Meat Sliced	Maryland	A SOLVER
	Chicken Loaf Sliced 🌷 🦤 🕟 🔻	Th <b>i</b> ghs 💮	C. Warren Co. F.
ŀ	Pepperoni Salami Sliced	Wings	
		Mixed Cuts	The Market of the Control of the Con
		Drumsticks	Carrier in
	WAGYU BEEF15		The state of the s
	Tenderloin Marble score 6-7	SEAFOOD	26
	Striploin Marble Score 6-7	Basa Fillet	
	Rump Marble Score 6-7	Barramundi Fillet	
(	Cube Roll Marle Score 6-7	Banana Prawns large	
		Banana Prawns (Medium) 10kg	
	BLACK ANGUS BEEF16	Banana Prawns (Super) 10kg	
	Tenderloin	Tiger Prawns	
	Striploin		
	Rump	RECIPES	28
	Cube Roll		The Mark
	T-Bone		
			THE PARTY OF THE P





## **SAUSAGES**FRESH AND COOKED



Fresh Beef Sausages Item 13742



Fresh Pork Sausages Item 13750



Pre-Cooked Beef Thick Item 20859



Pre-Cooked Beef Thin Item 20858



Pre-Cooked Chicken Item 20857



Pre-Cooked Lamb Thick Item 20863

**Pre-Cooked Pork Thick and Thin**Price & Availability on request

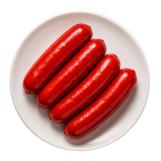
## **SAUSAGES**FRESH AND COOKED





Savelex Saveloy 3x5kg 15KG Item code 13763 / 13763N POM Fresh / Outports Frozen





Sensational Saveloy 20x500g (Vac pack) Item 13755





Sensational Saveloy 17x700g 11.9KG (Vac pack) Item 15562





Kaibar Saveloy 20x500g (Vac pack) Item 18641





BBQ Saveloy 20x500g (Vac pack) Item 16649





Sensational Frankfurters 20x500g FROZEN 10KG (Vac pack) Item 19580





Sensational Continental Hotdog 20x500g FROZEN 10KG (Vac pack)

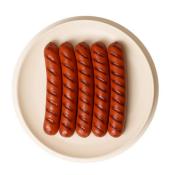
Item 19581



Sensational Cocktail Franks 20x500g FROZEN 10KG (Vac pack)

Item 19582

## **SAUSAGES**FRESH AND COOKED



**Sizzler Sausage** Item 13772 - Bulk 5kg Item 13871 - Vacuum pack



Smoked Cheese Kransky Item 16087



Chipolata Sausages Item 13765



Hamburger Patties Item 13458



Italian Meatballs Item 21143





# SMALL GOODS



Garlic Roll 140mm - Item 15937





Spring Chicken Roll 140mm - Item 15939



**Devon Roll 140mm - Item 15940 Devon Knob 10X1 kg** - Item 13802



Corn Meat Roll 1.5kg Item 22002



**Garlic Roll** 

Available in four sizes:

13807 - 1.5kg (10x1.5 kg)

13808 - 1.0kg (10x1 kg)

17057 - 500g (20X500 grams)

20269 - 250g (52X250 grams)



Spring Chicken Roll 10x1 kg - Item 13823



Luncheon Roll 140mm - Item 15941 Luncheon Knob 10X1 kg - Item 13814



**Corn Meat Roll 1kg** Item 22003



Corn Meat Roll 500g Item 22004

## SMALL GOODS



Middle Bacon 250g Item 13776



Shoulder Bacon 250g Item 13781



**Devon Sliced 250g** Item 13799



Luncheon Meat Sliced 250g Item 13811



Chicken Loaf Sliced 250g Item 13816

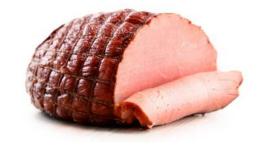


Pepperoni Salami Sliced 250g Item 15917

## SMALL GOODS



Ham on the Bone (full & half) Item 13785



**Boneless Double Smoked Ham** Item 13788



**4 X 4 Sandwich Ham** Item 13794



**4 X 4 Chicken** Item 13819



Bacon Item 21819





### WAGYU BEEF



**Tenderloin** | Marble score 6-7 Item 21185



**Cube Roll** | Marble score 6-7 Item 21184

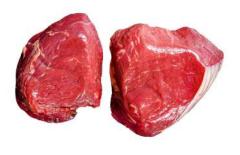


**Striploin** | Marble score 6-7 Item 21183

Rump Marble score 6-7 Item 21920



### BLACK ANGUS BEEF



Tenderloin Item 21921



**Striploin** Item 21369



Rump Item 21922



Cube Roll Item 21372



## VALUE RANGE BEEF \*A\*



Tenderloin Item 15422



T-Bone Item 21508



**Striploin** Item 15723



Blade/Clod Item 15844



Rump Item 19790



Chuck Item 15845



Cube Roll Item 15724



Brisket Item 16889

## VALUE RANGE BEEF \*A\*



Inside/Topside Item 15846



Outside/Silverside Item 20994



Knuckle Item 15843



Beef Cubes Item 13467

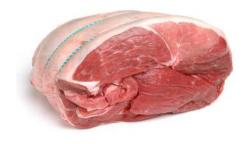




# **LAMB**CUTS



Lamb Leg Bone In Item 13568



**Lamb Shoulder Boneless Roll** Item 13583



**Lamb Shoulder Chops** Item 13577



Lamb Loin Chops Item 13585



Lamb Rack Item 21026



**Diced Lamb** Item 13579





## **PORK** CUTS



Pork Leg Bone In Item 13505



Pork Leg Boneless roll Item 13521



Pork Shoulder Bone In Item 13513



Pork Shoulder Chops Item 13533



## **PORK** CUTS



Pork Loin Chops Item 13524



Pork Belly Item 13500



Pork Mince Item 13537



**Diced Pork** Item 17652





### **POULTRY** CUTS



Whole Chicken Item 17010



Breast Fillers Item 18424



**Thighs** Item 13719



Wings Item 13711



**Drumsticks** Item 14647



Maryland Item 13702





## **SEAFOOD**PORTIONS



Basa Fillet Item 14297



**Barramundi Fillet** Item 14296



Banana Prawns (Medium) 10kg Item 20711



Banana Prawns (Large) Item 20710



Banana Prawns (Super) 10kg Item 20709



**Tiger Prawns** Item 20733



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## Free Recipes



## **Beef Pan-Seared Fillet Mignon**

#### Ingredients:

4 only 275gms beef tenderloin, 1.5– 2 inches thick) salt & pepper to taste canola oil garlic & herb butter
½ stick of butter, softened
1 tbsp chopped fresh rosemary
1 tbsp chopped fresh tarragon
½ tbsp minced garlic



#### Method:

For the herb butter: Leave the butter on the counter to soften or place it in a microwave-safe bowl & microwave until malleable, 10-15 seconds. Use a fork to mash in the herbs & garlic until fully mixed. Store in the refrigerator & remove 10 minutes before adding to the filet.

For the fillets: Preheat the oven to 230°C. Remove the steak from the refrigerator 30 minutes prior to cooking, this is to bring the steak to room temperature & ensure your cooking times are more accurate. Season all sides liberally with salt & pepper.

Add 1-2 tablespoons of oil to a cast iron skillet & turn the heat to high, allowing the skillet to become very hot; distribute oil as it heats & place the filets face down & sear undisturbed for 2 minutes. Turn the fillets & sear for an additional 2 minutes giving your filets a nice seared edge.

Add some herb butter & a whole garlic clove, tarragon & rosemary to the pan before transferring it to the oven. The butter will melt & the herbs will season the pan enhancing the flavour profile of your sauce when we come to make this.

Transfer your skillet directly to the oven. For rare, bake for 4 minutes. Medium rare, 5-6 minutes. Medium, 6-7 minutes. Medium well, go & purchase a hamburger instead. Depending on the size of the steak, the more or less time it will take. Monitor continually during the cooking process.

Spoon some of the seasoned pan juices over the steak to infuse it with extra flavour. Remove fillets from the skillet & set on a plate & let sit for 5-10 minutes before serving.

This is important to bring your steak to its final serving temperature. Top with a slice of garlic & herb butter & serve.

Notes

Temperatures for steak

Rare: 48°C to 50°C

Medium rare: 50°C to 55°C Medium: 60°C to 65°C

# Lamb Kofta w/ Spiced Coconut Dipping Sauce

#### Ingredients:

700 g lamb mince

- 4 garlic cloves, crushed
- 2 teaspoons ground cumin
- 2 teaspoons dried oregano
- 2 teaspoons sweet paprika
- 1 teaspoon dried chilli flakes
- 2 teaspoons coconut aminos, plus extra to serve

Sea salt & freshly ground black pepper

- 2 tablespoons extra-virgin olive oil
- 1 handful of mint leaves, roughly torn

Lemon wedges, to serve

#### **Spiced Coconut Sauce**

250 g (1 cup) unsweetened coconut yoghurt

- ½ teaspoon ground cumin
- ½ teaspoon sweet paprika
- 1/4 teaspoon cayenne pepper

finely grated zest & juice of 1 lemon

sea salt & freshly ground black pepper

- 2 tablespoons coconut aminos
- 2 tablespoons extra-virgin olive oil, for drizzling



#### Method:

For the kofta, combine the lamb mince, garlic, cumin, oregano, paprika, chilli flakes & coconut aminos in a bowl. Season generously with salt & pepper & mix thoroughly with your hands.

Divide the lamb mixture into eight evenly sized portions, then shape each portion around a skewer. Place the skewers on a tray, cover & refrigerate for 30 minutes to firm up.

Preheat the barbecue flat plate to medium & brush with the olive oil.

Cook the skewers for 2–3 minutes on each side, turning four times, or until golden brown & charred on the outside & cooked through.

To make the spiced coconut sauce, combine the coconut yoghurt, spices, lemon zest & juice in a bowl & season well with salt & pepper. Spoon into a serving bowl, drizzle over the coconut aminos & olive oil, & give it a swirl to partially combine.

Arrange the kofta on a platter, scatter over the mint leaves & serve with the spiced coconut sauce & lemon wedges on the side.

### Oven Pork Ribs w/ Barbecue Sauce

#### Ingredients:

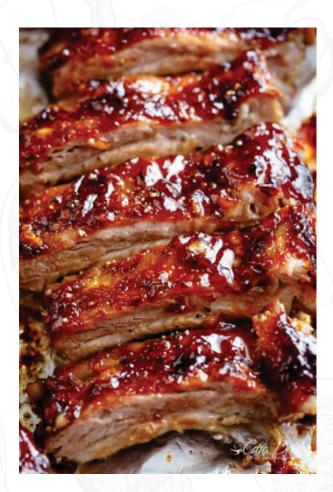
Barbecue rub:
2½ tsp paprika powder
2½ tsp garlic powder
1 tsp onion powder
1 tsp cayenne pepper
1½ tsp dried thyme
1½ tsp dried oregano
1½ tsp sea salt
½ tsp black pepper

#### Ribs:

2kgs pork ribs (2 racks)
1 cup sweet alcoholic apple cider
1 tbsp olive oil

#### **Barbecue Sauce:**

1 tbsp vegetable oil
½ cup onion, finely chopped
1 tsp jalapeño, minced
2 tsp minced garlic
¼ cup apple cider vinegar
¼ cup Worcestershire sauce
1 tbsp Dijon mustard
1 cup pure maple syrup, or dark brown sugar



1 tbsp paprika, or smoked paprika 2 tsp kosher salt ¼ tsp chipotle pepper powder ¾ cup tomato paste ¾ cup orange juice

#### Method:

Combine the Rub ingredients & rub onto both sides of the ribs (most on meaty side). Set aside to marinate for 20 minutes (or overnight).

Preheat oven to 160°C.

Place ribs on a tray in a single layer. Pour apple cider underneath the ribs, cover with foil then bake for 1 hour 30 minutes or until the meat is pretty tender.

Remove from oven, turn up to 180°C. Remove foil, drizzle with olive oil, then return ribs to oven for 5 minutes or until rub becomes nice & crusty.

Line a new tray with foil then baking / parchment paper (you'll thank me later). Remove ribs from oven, transfer to lined tray. Pour any juices from tray over the ribs. Flip ribs so the bonier side is up. Slather with Barbecue Sauce, then bake 10 minutes. Remove from oven, then turn ribs over so the meaty side is up. Slather with Barbecue Sauce, bake 5 minutes. Repeat 2 or 3 more times until you've got a thick glaze on the ribs. Cut ribs into individual or multiple rib portions & serve with remaining Barbecue Sauce!

## Grilled Chicken Breast Fillet with Italian Herbs

#### Ingredients:

2kgs boneless skinless chicken breasts

#### Italian seasoning mix

- 1 tbsp dried basil
- 1 tbsp dried thyme
- 1 tbsp dried rosemary
- 1 tbsp dried marjoram
- 1 tbsp dried parsley
- 2 tbsp dried oregano
- 1 tsp red pepper flakes, optional
- 1 tsp garlic powder, optional
- 1.5 tsp paprika
- 1.5 tsp red pepper flakes (optional)
- 15 large garlic cloves, minced
- 6 lemons, zested & juiced

extra virgin olive oil, plus more for oiling the grill

Kosher salt

Italian parsley leaves, for garnish



#### Method:

**Tenderize the chicken breasts:** Place one chicken breast in a large zip-top bag. Push out any air & fasten the bag shut. Use a kitchen mallet to pound the chicken until it's evenly flattened to about ½-inch. Repeat with the remaining chicken breasts, pounding one at a time.

### **Prawn Cocktail**

#### Ingredients:

400g cooked King shell-on prawn

3 lettuce leaves, trimmed

5 heaped tbsp mayonnaise

5 tbsp tomato chutney

2 tsp Worcestershire sauce

2 tsp creamed horseradish

Tabasco sauce, a splash only squeeze of lemon juice

paprika, for dusting

4 tsp snipped chive



#### Method:

Peel & devein all but three of the prawns (reserve these to top each cocktail). Break the lettuces into individual leaves & place on a large serving platter evenly spaced.

Mix the mayonnaise, tomato chutney, Worcestershire sauce, horseradish & Tabasco together. Season to taste with lemon juice & salt & pepper, then spoon sparingly over the prawns. Dust the top with a little paprika & garnish with chives. Top with the remaining prawns & serve immediately.

# Chocolate Kangaroo Tail Stew

#### Ingredients:

1 kg kangaroo tail 75 gms (½ cup) plain flour 1 tsp smoked paprika salt & black pepper, to season

80 mls (⅓ cup) olive oil
2 onions, peeled & roughly chopped
4 carrots, peeled (1 roughly chopped,
3 cut into 5-cm lengths)
1 celery stalk, roughly chopped
5 garlic cloves
50 g butter
2 tbsp tomato paste
1 tbsp cocoa powder
1 tbsp ground wattle seed
500 mls red wine
1 litre vegetable stock



2 bay leaves30 g dark chocolate1 tbsp red wine vinegar2 tbsp finely shredded parsley, to serve

#### Method:

Combine flour, paprika & salt & pepper & mix thoroughly. Add the kangaroo tail & toss to coat Shake to discard excess flour from the tails

Heat the olive oil in a large frying pan over medium heat & cook the kangaroo until well browned all over. Remove from the pan & set aside.

Place the onions, roughly chopped carrot, celery & garlic in a blender & process into a smooth puree.

Heat a large, lidded, heavy–based baking dish over medium heat. Add the half butter & fry the vegetable puree for about 10 minutes or until fragrant. Add the tomato paste & stir for 1–2 minutes.

Add the kangaroo, cocoa powder, wattleseed, red wine, stock & bay leaves.

Bring to the boil over high heat, then reduce the heat to low, cover & simmer for 2 hours. Add the chocolate & the remaining carrots & butter. Simmer for another 30 minutes or until the meat is very tender & the sauce is glossy & thick.

Stir in the red wine vinegar & scatter with parsley to serve.

## Corsican Style Rabbit

#### Ingredients

2 rabbits, approximately 1.5kgs cut into 4 to 6 pieces 500qms sliced onion 6-8 garlic cloves 100gms mixed black & green olives 4 tbsp capers in brine 100gms pancetta, cut into lardons 200mls white wine 200mls chicken stock 3 tbsp red wine vinegar 3 tbsp tomato paste 1/4 cup fresh parsley 1 sprig fresh thyme 1 sprig fresh rosemary 3 tbsp olive oil salt & pepper, to taste



#### Method:

Heat the olive oil in a Dutch oven over medium heat, add the rabbit pieces & lightly brown on each side for 5 to 6 minutes. Once browned, remove the rabbit pieces & transfer to a slow cooker.

Still on medium heat, add the pancetta lardons to the Dutch oven, stir, & cook for 2 minutes until lightly coloured & aromatic. Add the sliced onions & garlic, adjust the heat to low & continue to cook the onions & pancetta until the former are well caramelized & the pancetta has rendered its fat, stirring occasionally. Transfer to the slow cooker with the rabbit.

Add the vinegar, white wine, tomato paste, olives, capers, & herbs & deglaze the Dutch oven. Stir thoroughly & add to the slow cooker with sufficient stock to until the liquid covers the meat.

Cover & let cook on low heat for 4 hour or util fork tender, stirring occasionally.

Remove rabbit from slow cooker & set aside. Cool liquid & pass through a chinois discarding all solids

Place rabbit & stock back into the Dutch oven & replenish capers, olive mix & fresh parsley, thyme & rosemary; bring back to a slow simmer & reduce stock until desired consistency has been achieved.

Adjust seasoning if necessary & serve on a bed of pasta with parmesan. or just as is with a side of potato puree.



# BNG-1924



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